

# Clear 2 µBiomic

# Dysbiosis Disruptor

### **Alimentum Labs**

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# **Clear 2 µBiomic** Dysbiosis Disruptor

### A potent blend of targeted natural ingredients and oils to purge unwanted pathogens to allow for healthy gut restoration and a balanced microbiome.

Gut Detox Immune Whole Body Reset and Diversify The Microbiome Health **Enhance Parasite Cleanses** Indications **Boost Pathogen Purge Protocols** Alleviate Digestive Complications Due to Pathogens Provide Antiviral, Antibacterial, Antiparasitic, and Antifungal (Including Yeast and Mold) Properties Supports Detox Mechanisms • Take 1 capsule on an empty stomach daily for 10 days, then Instructions repeat another 10 day cycle as necessary, or take as directed **For Use** by your healthcare professional. We recommend combining Clear 1 µBiomic and Clear 2 µBiomic with a detox protocol to ensure that the body has the proper drainage in place to enhance the purging of undesired pathogens and toxins that come with them. To achieve optimal results, Clear 1 µBiomic and Clear 2 µBiomic should be used together, followed by targeted re-feeding with µBiomic probiotics and Superfoods (prebiotics). \*\*Individual needs may vary; please consult your practitioner before altering the prescribed doses or protocols.



Instructions

# **Product Description**

Dysbiosis refers to an imbalance in the microbial communities that inhabit the human body. Clear 2 µBiomic addresses all aspects of the microbiome. Some studies suggest that a significant portion of the population will experience some degree of dysbiosis at some point in their lives. This imbalance occurs when pathogenic microbes, such as *Salmonella, Escherichia coli*, certain yeast and fungal species like *Candida*, intestinal parasites like *Giardia* and *Entamoeba histolytica*, and certain viruses, infect or overgrow in a microbiome.





Dysbiosis specifically refers to a disruption in the composition, diversity, or function of the healthy microbiome due to these pathogenic microbes. This disruption creates the perfect environment for biofilms to develop, leading to a cycle of repeatedly failing treatments. Additionally, dysbiosis may contribute to a range of other health concerns including digestive disorders, inflammation, weakened immune function, nutrient absorption problems, mental health decline, weight gain, metabolic disorders, leaky gut, autoimmune conditions, allergies, food sensitivities, and an increased risk of infections.

Clear 2 µBiomic stands out as the prime choice for pathogen elimination, backed by 15 years of personal and national research. Focusing exclusively on evidenced-based plant compounds, we've sourced ingredients from all over the world and meticulously crafted a product that eradicates pathogens through various mechanisms. These methods include disrupting cell walls, generating localized free radicals to damage cellular structures, interfering with metabolic processes and cellular respiration, breaking down protective coatings, and affecting the life cycle of parasites. With this full spectrum formula, we are able to effectively eradicate parasites, bacteria, fungus, yeast, molds, and viral pathogens without compromising the populations of beneficial microbes.





**Product Description** 

# Key Elements and Features of Clear 2 µBiomic

### **Disrupts Harmful Biofilms**

Biofilms are matrices produced by harmful microbes to protect themselves. Once embedded in biofilms, these microbes can become incredibly difficult to eliminate with traditional pharmaceuticals because the medications can't reach the cells. Clear 2 µBiomic utilizes natural ingredients that are capable of breaking down biofilms and eliminating the microbes that form them, preventing further harm.

### **Addresses Dysbiosis**

Dysbiosis, an imbalance in the microbiome, can occur due to various factors, including poor diet, inadequate sleep quality, certain prescription medications, recurrent antibiotic use, high stress levels, and more. Clear 2 µBiomic works to eliminate the overgrowth of harmful and pathogenic microbes without harming the beneficial microbes.

### Targets Health Problems Caused By Dysbiosis

Dysbiosis can lead to compounding health problems. An immune system that is constantly battling overgrowth of harmful microbes, can become dysfunctional and start attacking the body. Additionally, the immune system can become overwhelmed to the point of losing its ability to fight regular infections effectively. Digestion and intestinal health may also be compromised, leading to gastrointestinal distress, disorders, and issues with nutrient absorption, such as in the case of small intestine bacterial overgrowth (SIBO). Eliminating dysbiosis with Clear 2 µBiomic can help address these health concerns effectively.

### **Avoids Antibiotic Overuse**

Infections and overgrowths of bacteria, yeasts, fungi, and other pathogens are typically treated with prescription medications or left to run their course and resolve on their own. However, the immune system can struggle to clear these infections without intervention. Moreover, the overuse of antibiotics has led to the emergence of antibiotic-resistant bacteria becoming more prevalent in the community. Clear 2  $\mu$ Biomic offers a natural approach to managing harmful microbes with research-backed ingredients that can help restore the microbiome to its intended form and function.



# Pathogen Spotlight

**Parasites** 

Parasites are organisms that thrive at the expense of their hosts, potentially causing a range of health issues. They can infect humans and animals, leading to conditions such as gastrointestinal symptoms, fatigue, skin problems, respiratory symptoms, fever, muscle and joint pain, swelling, allergic reactions, nutritional deficiencies, neurological symptoms, liver and gallbladder problems, and cardiovascular symptoms. To maintain optimal health, it's essential to eliminate parasites before they can cause long-term damage.

#### Bacterial

Pathogenic bacteria can disrupt the balance of the gut microbiome, leading to digestive issues, inflammation, weakened immunity, and nutrient absorption problems. Bacteria often form biofilms to protect themselves from environmental competitors. These biofilms can also harbor other types of microbes, such as fungi and parasites, that are not direct competitors, creating an increasingly difficult problem to manage. Biofilms are notoriously difficult to fully resolve and often require long-term antibiotic use.

Fungus, yeast, and mold can be harmful because they can release harmful toxins and cause infections, allergies, respiratory problems, digestive discomfort, skin infections, and systemic infections. It's important to address these issues before they lead to long-term health conditions.

Viruses can infect intestinal cells that regulate immunity, leading to a cascade of dysbiosis and health concerns related to the immune system.

Viral

Fungi

## How Clear 2 µBiomic Works

The natural antimicrobials in Clear 2  $\mu$ Biomic combat pathogenic microorganisms effectively. Clear 2  $\mu$ Biomic disrupts pathogen cell membranes, making them more permeable and ultimately leading to cell death. These antimicrobials also interfere with microbial metabolism, inhibit reproduction, break down protective pathogenic biofilms, release toxins harmful to microorganisms, and disrupt communication between them. Additionally, some offer antioxidant and anti-inflammatory effects, aiding in mitigating damage from infections and supporting the immune response.



# **Key Ingredients**

### Natural Anti-Pathogen Fatty Acids

Specific fatty acids, such as undecylenic acid, caprylic acid, and lauric acid, have the ability to target a wide range of microorganisms, including bacteria, fungi, and even some parasites. By interfering with the integrity of the cell membrane, these fatty acids inhibit the growth and replication of these microorganisms, making them valuable for addressing various infections and promoting overall health. This offers a natural and effective means of maintaining microbial balance.

Undecylenic Acid	Undecylenic acid is a natural fatty acid derived from the <i>Ricinus communis</i> plant, and is a main component of castor oil. It is often used in various products and supplements for its antifungal and microbial balancing properties. Undecylenic acid has been studied for its ability to combat pathogenic microbes, particularly fungal infections caused by <i>Candida</i> species. <sup>1</sup>
Glycerol Monolaurate	Glycerol monolaurate (GML) is naturally present in human breast milk and contributes significantly to breast milk's ability to fight pathogens without harming beneficial bacteria. GML has demonstrated antimicrobial properties against various bacterial pathogens, including <i>Staphylococcus aureus, Bacillus subtilis, Clostridium</i> <i>perfringens,</i> and <i>Escherichia coli</i> . Additionally, GML exhibits potential anti-inflammatory effects. <sup>2</sup>
Magnesium Caprylate	Magnesium caprylate is a form of magnesium that is combined with caprylic acid, a medium-chain fatty acid derived from coconut oil. Research has shown that these compounds support a healthy microbiome. <sup>3</sup>

#### **Bee Propolis**

Bee propolis is a resin-like compound composed of fatty acids, amino acids and minerals. This versatile compound is produced by bees for hive construction, and is primarily used to prevent infection and infestation of the hive. It is reported that bee propolis may improve the intestinal barrier and modulate the gut microbiome by reducing population levels of harmful bacteria.<sup>4,5</sup>

### Volatile Oils

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Volatile oils, often referred to as essential oils, are concentrated natural compounds extracted from various plants, flowers, and herbs. These oils possess potent antimicrobial properties due to their complex chemical composition, which includes compounds like terpenes, phenols and more. They disrupt pathogenic microbes by affecting cell membranes, metabolism, and reproduction, eliminating harmful microorganisms like parasites, viruses, bacteria, and fungus while sparing the beneficial ones.

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Oregano Oil	Oregano oli has historically been used to alleviate
	digestive issues. It possesses strong antimicrobial
	properties, primarily attributed to compounds like
	carvacrol and thymol, which disrupt microbial cell
	membranes and inhibit key enzymes, leading to cell death.
	This makes oregano oil effective against parasites,
	bacteria, fungus, and viruses. Additionally, it exhibits
	antioxidant and anti-inflammatory activity.6,7
Thyme Oil	Thyme oil has been shown to improve the strength of the
	intestinal barrier, reduce oxidative stress, and promote the growth of beneficial microbes. <sup>8</sup>
Basil Oil	Basil oil can suppress the growth of Escherichia coli in the
	intestine without reducing the population of beneficial
	Lactobacillus species. <sup>9</sup>
Pine Oil	Pine oil is a powerful antioxidant and has antimicrobial
	activity against food borne pathogens. <sup>10</sup>

Eucalyptus Oil	<ul> <li>Phytochemicals found in eucalyptus, including eucalyptol,</li> <li>α-pinene, quercetin, hyperoside, terpinen-4-ol,</li> <li>pentane-2,4-dione, citronellal, isopulegol, camphor, and</li> <li>limonene, each possess their own antimicrobial activity.</li> <li>Eucalyptus exhibits antibacterial, antiviral, antifungal,</li> <li>antiparasitic, anti-inflammatory, and decongestant</li> <li>properties and effects.<sup>11</sup></li> </ul>
Tarragon Oil	Tarragon oil possesses strong antioxidant properties and antimicrobial activity, making it a great candidate for managing and alleviating inflammation and dysbiosis. <sup>12</sup>
Peppermint Oil	Peppermint oil can interact with immune cells in the intestinal tract that respond to pathogenic bacteria, inhibiting their growth. Additionally, it has the ability to scavenge free radicals, thereby preventing oxidative stress. <sup>13</sup>
Sage Oil	Sage oil can support the immune system by stimulating the gut. <sup>14</sup> It also offers anti-cancer, anti-inflammatory, antioxidant, wound-healing and neuroprotective benefits. <sup>15</sup>
Palmarosa Oil	Palmarosa oil has been shown to destroy biofilms and kill <i>E. coli</i> with incredible effectiveness; sometimes reducing the population of <i>E. coli</i> completely in in vitro studies. <sup>16</sup>
Dill Seed Oil	Dill has historically been used to treat colic and gas in children. It has also been shown to possess antibacterial and antifungal properties that can help maintain a healthy microbiome. Additionally, the administration of dill seed oi has been found to aid in healing gastric lesions. <sup>17</sup>
Avocado Oil	Avocado oil is primarily composed of oleic, palmitic, and linoleic acids, which can aid in lipid metabolism in the gut, reduce inflammation, and improve the gut microbiome with its antimicrobial properties. <sup>18</sup>

#### **Ginger Oil**

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Ginger has been used for thousands of years to treat diarrhea, nausea, and other gastrointestinal distress symptoms. It possesses antimicrobial, antioxidant, immunomodulatory, anti-inflammatory, and anti-cancer properties, which makes it a valuable ingredient in this formula.<sup>17</sup>

### **Plant Extracts and Concentrates**

Various plant parts can be preserved in ways that extract their valuable compounds without compromising their quality. These methods may involve extraction with water or ethanol, as well as drying or freeze-drying. These extracts maintain or even elevate their potency, making them particularly useful in combating parasites, bacteria, fungi, and viruses.

Hedyotis diffusa	<i>Hedyotis diffusa</i> is an herb used in traditional Chinese medicine, known for its reported anti-cancer effects. It has been shown to fight <i>Helicobacter pylori</i> , a common bacteria responsible for upper gastrointestinal tract infections. Additionally, studies using <i>H. diffusa</i> to treat acne have demonstrated its ability to reduce chronic inflammation created or worsened by bacterial involvement. <sup>19,20</sup>
Forest Flame Tree Flower	The forest flame tree flower comes from a species of tree named Butea monosperma, native to the tropical areas of South Asia. It has long been used to treat various ailments including diarrhea, dysentery, and jaundice, thanks to its antioxidant, anti-inflammatory, antimicrobial, and antiviral properties. <sup>26</sup>



Olive Leaf	Olive leaf exhibits strong antibacterial and antifungal effects, particularly against common foodborne pathogens such as <i>Escherichia coli, Klebsiella</i> <i>pneumoniae, Staphylococcus aureus, Salmonella</i> <i>typhimurium, Listeria monocytogenes, Aspergillus flavus,</i> <i>Pseudomonas aeruginosa, Candida albicans,</i> and <i>Candida</i> <i>neoformans.</i> This is particularly useful as antibiotic resistance continues to expand to more species of harmful bacteria. <sup>21,22</sup>
Lemon Balm	Lemon balm exhibits impressive antibacterial properties against pathogenic bacteria, sometimes surpassing the effects of prescription antibiotics. <sup>23</sup>
Chamomile	Chamomile, used in traditional medicine for centuries, possesses both antimicrobial and antiparasitic properties. It has demonstrated the ability to reduce intestinal inflammation caused by infection. These attributes make it a valuable addition to Clear 2 µBiomic. <sup>24,25</sup>
Ginger	Studies have shown ginger root powder to positively alter the gut microbiome, improve intestinal barrier function, and reverse antibiotic-associated diarrhea. <sup>27,28</sup>
Coriander Seed	Coriander seed can inhibit the growth of harmful intestinal bacteria while leaving the beneficial populations of <i>Lactobacillus</i> and <i>Bifidobacterium</i> unharmed. <sup>29</sup>
Nettle	Nettle has interesting and valuable immunomodulatory effects due to its chemical composition. It has been reported that the phytochemicals found in stinging nettle can be utilized by the gut microbiome and may be used to ameliorate inflammatory bowel diseases. <sup>30,31</sup>

# Warnings/Contraindications

Do not take Clear 2 µBiomic while pregnant or breastfeeding.

\*\*It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.\*\*

# Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Correct genus and species of probiotic microbes
- Purity

# **Additional Information**

- Gluten Free
- Dairy Free
- No Sugar
- Non-GMO
- cGMP Facility



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