



SYSTEMIC FORMULAS INC

C – Colon

Systemic Formulas

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C – Colon



Gut



Metabolism



Whole Body

C – Colon is a scientifically formulated bowel tonic designed to support healthy peristalsis and gently draw moisture into the bowel, promoting smooth, comfortable elimination without the harsh effects of traditional laxatives. This advanced formula helps tone bowel tissue, supports digestive and lymphatic purification, and encourages balanced intestinal function. Ideal for those experiencing occasional digestive sluggishness, C – Colon works in harmony with the body's natural processes to support regularity and long-term digestive wellness.

Health Indications

- Supports Healthy Bowel Motility and Peristaltic Rhythm
- Promotes Smooth, Comfortable Elimination and Digestive Regularity.
- Encourages Normal Lymphatic and Intestinal Purification Pathways.
- Helps Maintain Optimal Tissue Tone Within the Lower Digestive Tract.
- Provides Gentle Support During Periods of Occasional Digestive Sluggishness

Instructions

Take 1 capsule daily, or as directed by your health care professional.

Key Ingredients

Psyllium husks

Psyllium husks provide soluble fiber and hydragogue properties that draw water into the bowel, softening stool and promoting smooth, regular elimination. Their mucilaginous compounds also help bind toxins and ease intestinal transit, supporting tissue comfort and reducing strain during bowel movements. These properties support balanced bowel activity and contribute to the gentle, effective digestive cleansing promoted by C – Colon.

Stillingia

Stillingia delivers a unique blend of phytonutrients, including saponins, flavonoids, and fatty acids, that support the body's natural elimination pathways and promote balanced intestinal function. Its traditional use as a bowel-supportive herb, combined with anti-inflammatory and lymphatic-stimulating properties, helps ease digestive sluggishness and enhance purification. Together, these actions strengthen C – Colon's ability to support healthy motility and tissue comfort throughout the lower digestive tract.

Cascara sagrada

Cascara sagrada delivers natural anthraquinone compounds that gently stimulate peristaltic contractions, supporting the body's innate ability to move waste through the colon without harsh gripping effects. It also promotes the health of colonocytes and helps maintain mucosal integrity. These actions support smooth, effective bowel function while respecting the body's natural digestive rhythms.

Barberry

Barberry delivers the potent botanical compound berberine, which supports gastrointestinal health by enhancing digestion, modulating gut flora, and reducing discomfort associated with intestinal imbalance. It also exhibits antimicrobial and anti-inflammatory properties that help maintain microbial balance and soothe irritated tissue, supporting healthy digestive function and contributing to C – Colon's role in promoting smooth, comfortable elimination and overall intestinal wellness.

Licorice root

Licorice root delivers bioactive compounds such as glycyrrhizin and flavonoids, which have soothing and anti-inflammatory effects that help maintain the integrity of the gastrointestinal lining and alleviate tissue irritation. It also supports healthy adrenal function and enhances the body's natural defenses, promoting overall digestive comfort and resilience while supporting a balanced and healthy digestive environment.

Warnings/Contraindications

When taken as directed, there are no known contraindications for C – Colon.

However, it is important to note that *Cascara sagrada*, when taken in high doses, may cause strong intestinal muscle contractions. For this reason, it is not recommended during pregnancy.

It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Vegi-Capsule
- Non-GMO
- cGMP Facility

