



SYSTEMIC FORMULAS INC

D – Digest

Systemic Formulas

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D – Digest



Gut



Detox



Whole Body

D – Digest is a scientifically formulated digestive support supplement that enhances the body's natural ability to break down proteins, fats, and carbohydrates. Designed to work in harmony with your system, it provides a broad spectrum of digestive enzymes while promoting healthy acid activity to support optimal nutrient absorption and microbial balance. When taken with meals, it helps ease the burden of heavy or cooked foods that lack inherent enzymes. Between meals, it assists in clearing undigested residues and supports lower bowel health. Gentle yet effective, D – Digest provides a non-habit forming solution that soothes and strengthens digestive resilience over time.

Health Indications

- Supports Digestive Comfort by Assisting in the Breakdown of Macronutrients
- Helps the Body Adapt to Diets High in Processed or Enzyme-Deficient Foods
- Promotes Healthy Digestive Function During Times of Stress or Dietary Change
- Provides Support for the Natural Decline in Enzyme Production that Occurs With Age
- Encourages Balanced Gut Flora and Healthy Bowel Regularity Through Improved Digestion

Instructions

Take 2 capsules daily, or as directed by your health care professional.

Key Ingredients

Pancrelipase

Pancrelipase plays a key role in fat digestion by delivering concentrated lipase enzymes that break down dietary triglycerides into absorbable fatty acids and monoglycerides. While it also contains supportive amounts of amylase and protease for carbohydrate and protein breakdown, its primary function is to enhance lipid digestion and absorption—especially in cases of reduced pancreatic output. As a central component of D – Digest, pancrelipase strengthens the formula’s ability to support efficient fat metabolism and overall digestive performance.

Oregon grape root

Oregon grape root provides bioactive alkaloids such as berberine, which support healthy digestion by modulating enzyme activity and promoting microbial balance within the gastrointestinal tract. Its anti-inflammatory properties help maintain the integrity of the gut lining, while also supporting the body’s natural defenses against unwanted microbes. Together, these actions enhance D – Digest’s ability to promote a resilient and well-regulated digestive environment.

Betaine HCl

Betaine HCl supports digestive function by providing hydrochloric acid, which is essential for breaking down food, activating protein-digesting enzymes, and creating an acidic environment necessary for nutrient absorption and microbial balance. It also stimulates the body’s natural acid production, which helps maintain proper function of the lower esophageal sphincter and supports the body’s ability to manage microbial activity in the stomach. These actions make it an important component in promoting the overall digestive support provided by D – Digest.

Pepsin

Pepsin is a critical digestive enzyme that initiates the breakdown of dietary proteins into peptides, making them easier to absorb and utilize for cellular processes. It also plays a signaling role by triggering the pancreas to release additional proteolytic enzymes, supporting a coordinated digestive response. This dual function helps D – Digest promote efficient protein digestion and maintain balanced enzymatic activity throughout the gastrointestinal tract.

Ox bile and RNA/DNA liver tissue factors

Ox bile supports the emulsification and absorption of dietary fats by providing essential bile acids that aid in lipid breakdown and promote healthy liver and gallbladder function. RNA/DNA liver tissue factors supply targeted nucleic acids that nourish hepatic cells and support the liver's natural role in bile production and metabolic detoxification. Together, these components enhance the body's ability to process fats efficiently and maintain optimal liver-driven digestive function, contributing to D – Digest's comprehensive support for fat metabolism and overall digestive health.

Warnings/Contraindications

When taken as directed, there are no known contraindications for D – Digest.

However, individuals with active stomach ulcers may find it too stimulating. In such cases, the gentler Ds – Digest S formula is recommended as a more suitable alternative.

****It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.****

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Non-GMO
- cGMP Facility

