



SYSTEMIC FORMULAS INC

Ds

Digest S

Systemic Formulas

alimentumlabs.com

1.800.445.4647

Last Revision:
August 18, 2025

Ds

Digest S



Gut



Detox



Whole Body

Ds – Digest S is an even gentler version of the original D – Digest formula, designed to provide effective digestive support for those with sensitive stomachs or who need a milder approach. This broad-spectrum blend supports the complete breakdown of proteins, fats, and carbohydrates while encouraging healthy pH balance, enzyme activity, and bile secretion. Ideal for both children and adults, it helps reduce gastrointestinal discomfort from hard-to-digest foods like cruciferous vegetables. Ds – Digest S works with the body's natural processes to promote lasting digestive comfort and resilience.

Health Indications

- Supports Gentle Digestion in Individuals With Sensitive Stomachs or Compromised Digestive Function
- Enhances Nutrient Assimilation by Promoting Balanced Enzymatic Activity
- Encourages Healthy Bile Secretion and Digestive pH Regulation
- Assists in the Comfortable Digestion of Complex Vegetables and Fiber-Rich Foods
- Provides Foundational Support for Digestive Health in Both Children and Adults

Instructions

Take 2 capsules daily, or as directed by your health care professional.

Key Ingredients

Pancrelipase

Pancrelipase provides a high concentration of lipase to break down dietary fats into absorbable fatty acids and monoglycerides, supporting energy production, hormone synthesis, and nutrient absorption—especially in cases of reduced pancreatic output. Though it also contains amylase and protease for carbohydrate and protein digestion, its primary function is to enhance fat metabolism. This focused enzymatic support helps Ds – Digest S maintain efficient, gentle digestion for sensitive or compromised systems.

Pepsin

Pepsin is a primary digestive enzyme that initiates the breakdown of dietary proteins into smaller peptides, making them easier for the body to absorb and utilize. It also acts as a signaling molecule, triggering the release of additional pancreatic enzymes to complete the digestive process. Through these actions, pepsin supports the coordinated, stepwise digestion promoted by Ds – Digest S, enhancing protein assimilation while maintaining a gentle approach for sensitive digestive systems.

Goldenseal Root

Goldenseal root contains alkaloids like berberine that stimulate bile secretion, enhance gastric and pancreatic enzyme activity, and help regulate the microbial environment within the gastrointestinal tract. It also supports the health of the mucosal lining by promoting tissue integrity and modulating the body's natural inflammatory responses. This allows goldenseal root to play a key role in Ds – Digest S, providing targeted digestive support that is both effective and gentle for individuals with sensitive or easily irritated digestive systems.

L-Glutamic Acid

L-glutamic acid supports digestive function by facilitating the breakdown of dietary proteins and enhancing the absorption of amino acids necessary for tissue repair, enzyme synthesis, and cellular metabolism. It also plays a vital role in promoting healthy peristalsis while stimulating the body's natural production of hydrochloric acid. By supporting both digestive motility and enzyme activity, L-glutamic acid helps Ds – Digest S maintain efficient and gentle digestion, especially in individuals with sensitive or sluggish digestive systems.

Oregon Grape Root

Oregon grape root delivers potent compounds such as berberine that support digestive health by regulating enzyme activity and inhibiting the growth of harmful microbes within the gastrointestinal tract. It also provides anti-inflammatory benefits that help protect and soothe the gut lining, promoting tissue integrity and reducing irritation. By fostering a balanced microbial environment and supporting digestive processes, Oregon grape root enhances Ds – Digest S's ability to improve overall gastrointestinal function and comfort.

Warnings/Contraindications

When taken as directed, there are no known contraindications for Ds – Digest S.

****It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.****

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Non-GMO
- cGMP Facility

