



SYSTEMIC FORMULAS INC

Fpms

Female Health

Systemic Formulas

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Fpms

Female Health



Hormone



Brain



Whole Body

Fpms is a thoughtfully formulated blend of ingredients designed to support healthy hormonal function in women and promote balanced menstrual cycles. By nourishing the female endocrine system, including the thyroid and pituitary, it encourages natural rhythm and hormonal harmony without disrupting the body's intrinsic processes. Whether used during monthly cycles or hormonal transitions, Fpms supports overall vitality, balanced energy levels, and consistent cycle patterns. This comprehensive formula supports optimal female biochemistry and empowers the body to regulate its own hormonal patterns with clarity and consistency.

Health Indications

- Supports Hormonal Rhythm and Balance Across All Phases of the Menstrual Cycle
- Promotes Menstrual Cycle Regularity and Healthy Pituitary-Thyroid Function
- Encourages Stable Mood and Energy Through Targeted Endocrine System Support
- Promotes Optimal Cycle Regularity by Supporting the Body's Hormonal Self-Regulation Mechanisms
- Assists in Maintaining Reproductive Vitality During Hormonal Transitions

Instructions

Take 1 capsule daily before and during menses, then as needed for maintenance, or as directed by your health care professional.

Key Ingredients

Angelica Root

Angelica root, traditionally revered in Eastern herbal practices, offers broad-spectrum support for the female reproductive system by promoting healthy blood flow, hormonal balance, and uterine tone. Rich in bioactive compounds such as ferulic acid and ligustilide, it helps regulate menstrual rhythm and supports the body's natural response to hormonal fluctuations, reinforcing overall reproductive system harmony.

Inositol

Inositol is a naturally occurring compound and key cellular messenger that plays a vital role in maintaining hormonal equilibrium and supporting ovarian function. By promoting healthy insulin sensitivity and modulating the body's response to androgens, it encourages regular menstrual cycles and fosters a balanced internal environment for optimal endocrine and reproductive health.

Motherwort

Motherwort is a time-honored botanical that supports the female reproductive system by promoting uterine tone and emotional balance. It contains active compounds that help soothe nervous tension and reduce mild cramping. Motherwort also supports a healthy menstrual rhythm and helps the body respond naturally to hormonal fluctuations, creating a more stable and balanced hormonal environment throughout the menstrual cycle.

Pituitary and Thyroid RNA/DNA Tissue Factors

Pituitary and thyroid RNA/DNA tissue factors deliver vital cellular information that supports the structure and function of these critical organs. By enhancing cellular repair and communication within the pituitary and thyroid, they help regulate hormone production and release, which is essential for maintaining balanced menstrual cycles and overall endocrine harmony. This targeted support helps the body sustain optimal hormonal signaling and energy metabolism, contributing to the effectiveness of Fpms in promoting female reproductive health.

Marapuama Root

Marapuama root is a traditional adaptogenic herb known for supporting reproductive health and enhancing the body's resilience to stress. It contains bioactive compounds that promote healthy nerve signaling and muscle relaxation, helping to reduce tension and discomfort during menstrual cycles. Additionally, Marapuama supports balanced cortisol levels and energy metabolism, which contribute to hormonal stability and overall reproductive vitality.

Warnings/Contraindications

Not recommended for use during pregnancy, as the natural hormonal changes that support a healthy pregnancy may be influenced by the ingredients in Fpms that affect hormone regulation.

****It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.****

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Non-GMO
- cGMP Facility

