



SYSTEMIC FORMULAS INC

Gf

Thyroid

Systemic Formulas

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Gf

Thyroid



Hormone



Immunity



Brain

Gf – Thyroid is an endocrine system targeted formula that supports the health and function of the thyroid gland, which plays a central role in metabolism, energy, and hormone balance. It promotes healthy thyroid activity to help regulate weight, improve energy levels, and stabilize mood. Gf – Thyroid is also designed to nourish thyroid tissue and help the body adapt to stress, seasonal changes, and jet lag. By addressing inflammation and nutrient imbalances, this formula supports natural hormone production and restores balance to one of the body's most essential systems.

Health Indications

- Supports Healthy Thyroid Function To Promote Energy And Metabolic Balance
- Encourages Hormone Production For Better Mood, Focus, And Vitality
- Aids Adaptation To Climate Changes, Time Zone Shifts, And Sleep Disruptions
- Helps Maintain Healthy Weight Through Improved Fat And Energy Metabolism
- Promotes Endocrine Resilience By Addressing Stress And Nutrient Imbalances

Instructions

Take 1 capsule daily, or as directed by your health care professional.

Key Ingredients

Abuta Root

Abuta root is traditionally prized for protecting hormone-sensitive tissues by supporting the integrity of cell membranes involved in thyroid hormone production. Rich in anti-inflammatory and antioxidant compounds, it reduces oxidative stress in thyroid cells, helping keep the delicate membranes where T3 and T4 hormones are made healthy. By supporting balanced endocrine rhythms and cellular communication, Abuta root creates a stable environment that enhances thyroid function and overall metabolic health.

Curcubita pepo

Cucurbita pepo is rich in unique fatty acids that nourish and maintain the flexibility of cellular membranes, which are essential for the proper synthesis of thyroid hormones. Its high content of omega-3 fatty acids supports mitochondrial function and energy production, playing a key role in metabolic health. By enhancing membrane fluidity and supporting cellular energy pathways, it helps ensure the thyroid's complex hormone manufacturing processes run smoothly, contributing to overall endocrine balance and metabolic efficiency.

Irish Moss

Irish moss is a nutrient-dense sea vegetable renowned for its natural iodine content, a critical element in the synthesis of thyroid hormones. Beyond iodine, it provides a rich blend of proteins, peptides, amino acids, and trace minerals that support cellular repair and membrane health. Its soothing effects on tissues and immune-enhancing properties help maintain a balanced internal environment, fostering optimal endocrine function and promoting overall metabolic stability.

Thyroid and Thymus RNA/DNA Tissue Factors

Thyroid and thymus RNA/DNA tissue factors supply vital nucleic acids that support the repair, renewal, and genetic stability of thyroid cells, which are essential for maintaining the gland's structural and functional integrity. These tissue-specific nucleic acids help restore cellular communication and optimize hormone synthesis processes, creating a resilient foundation for balanced endocrine function and overall metabolic health.

Pata de vaca

Pata de vaca is valued in Brazilian herbal traditions for supporting healthy glucose metabolism and helping maintain balanced blood sugar levels, which are important for overall metabolic function. Its rich flavonoid content, including kaempferol, quercetin, and rutin, provides antioxidant and anti-inflammatory protection to thyroid cells against oxidative stress. Additionally, its cognitive-supporting properties enhance neuroprotection and help regulate hormonal activity, contributing to overall endocrine balance and metabolic health.

Warnings/Contraindications

When taken as directed, there are no known contraindications for Gf – Thyroid. However, the formula contains a very small amount of naturally occurring ionic iodine from Irish moss and kelp. While this amount is typically well-tolerated and has not been shown to aggravate hyperthyroid conditions, individuals with hyperthyroidism or iodine sensitivity should consult their healthcare provider before use.

****It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.****

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Non-GMO
- cGMP Facility

