



SYSTEMIC FORMULAS INC

H

Heart

Systemic Formulas

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H

Heart



Cardio



Brain



Whole Body

H – Heart by Systemic Formulas is a bioenergetically designed cardiovascular support formula that promotes heart muscle strength, tissue integrity, and optimal metabolic recovery. This advanced blend supports the body's natural pathways for circulation, energy production, and regulatory balance—helping the heart perform efficiently under physical and emotional stress. By reinforcing key cellular functions, H – Heart contributes to sustained cardiovascular resilience and overall vitality, making it a vital component in a proactive heart health regimen.

Health Indications

- Promotes Heart Muscle Function and Recovery From Physical or Emotional Stress
- Maintains Healthy Circulation and Blood Flow for Cardiovascular Efficiency
- Supports Heart Rhythm and Pulse Regulation During Daily and High-Demand Activity
- Enhances Cellular Energy Production and Metabolic Balance Within Cardiac Tissue
- Preserves Heart Tissue Integrity and Structure During Periods of Increased Cardiovascular Demand

Instructions

Take 2 capsules daily, or as directed by your health care professional.

Key Ingredients

RNA/DNA Heart Tissue Factors

RNA/DNA heart tissue factors provide essential nucleic acids that support cellular integrity and enhance the heart's natural repair and regeneration processes. By regulating genetic expression and enzyme activity within cardiac cells, these factors promote efficient energy metabolism, protein synthesis, and tissue resilience, helping maintain optimal heart muscle function and support recovery under stress.

Paprika

Paprika (*Capsicum annuum*) is valued for its rich array of micronutrients, including vitamins and carotenoids, which support healthy circulation and vascular function. Its natural antioxidants and anti-inflammatory compounds contribute to maintaining balanced cholesterol levels and reducing oxidative stress, promoting overall cardiovascular wellness and helping to create a foundation for sustained heart health.

L-Phenylalanine

L-phenylalanine is an essential amino acid involved in protein synthesis and the formation of neurotransmitters like dopamine, epinephrine, and norepinephrine. These compounds help regulate heart rate, vascular tone, and the body's response to physical or emotional stress. By supporting pathways that influence both the nervous and cardiovascular systems, L-phenylalanine promotes steady cardiac output, stress resilience, and metabolic balance during times of increased demand on the heart.

Tayuya

Tayuya is a traditional South American botanical known for its blood-purifying properties and support of healthy inflammatory responses. Rich in bioactive compounds such as cucurbitacins, flavonoids, and saponins, it has been shown to help reduce lactic acid buildup in muscle tissue, promoting smoother recovery, improved stamina, and balanced cellular energy, key elements for maintaining cardiovascular resilience.

Evening Primrose

Evening primrose is rich in gamma-linolenic acid (GLA), an omega-6 fatty acid that supports cardiovascular balance, lipid metabolism, and membrane integrity. It's known to promote healthy blood flow and help modulate inflammation. Evening primrose has also been shown to support vascular tone and maintain cell membrane fluidity in heart tissue. Together, these effects contribute to sustained heart muscle performance and metabolic recovery.

Warnings/Contraindications

This product contains phenylalanine and should not be used by individuals with phenylketonuria (PKU), a rare genetic disorder in which the body cannot properly metabolize phenylalanine.

While the ingredients are present in safe amounts within the recommended dosage, high doses of phenylalanine or tyrosine may be associated with heart palpitations. Consult your healthcare provider before use if you have a known heart condition or are currently taking any heart medications.

****It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.****

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Non-GMO
- cGMP Facility

