



SYSTEMIC FORMULAS INC

I Eyes

Systemic Formulas

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I

Eyes



Brain



Skin



Metabolism

I – Eyes by Systemic Formulas is a comprehensive neuro-visual support formula designed to promote optimal eye function and visual clarity. Targeting the brain's visual cortex and optic nerve, it delivers key nutrients that help maintain healthy vision, support ocular muscle function, and facilitate the body's natural repair processes. The ingredients in this formulation were carefully selected to help the visual system adapt to everyday stressors, such as prolonged screen exposure, close-up work, and age-related changes, supporting long-term visual clarity, comfort, and resilience.

Health Indications

- Supports Visual Clarity and Focus During Prolonged Screen Exposure
- Promotes Healthy Function of the Optic Nerve and Visual Cortex
- Helps Maintain Ocular Muscle Strength and Eye Coordination
- Provides Nutritional Support for Age-Related Changes in Vision
- Aids in the Recovery From Visual Fatigue and Eye Strain

Instructions

Take 1 capsule daily, or as directed by your health care professional.

Key Ingredients

Eye, Brain, and Liver RNA/DNA Tissue Factors

RNA/DNA tissue factors derived from the eye, brain, and liver provide foundational support for cellular repair, metabolic efficiency, and structural integrity within visual and neurological systems. These nucleic acid complexes promote healthy intracellular communication and enzymatic activity, reinforcing the body's natural ability to maintain visual acuity, optic nerve vitality, and overall tissue resilience. Their targeted influence helps sustain the interconnected processes of these organs essential for clear, balanced, and responsive visual function.

Carrot Root

Carrot root is a nutrient-rich source of beta carotene, lutein, and zeaxanthin, key compounds that help nourish the retina and protect eye tissues from oxidative stress. By supporting macular integrity and enhancing the eyes' ability to adapt to light, it contributes to overall visual clarity. Its natural antioxidant profile also creates an internal foundation for maintaining healthy vision and protecting against everyday visual strain.

Eyebright

Eyebright is an herb traditionally used to support eye comfort and clarity, especially for redness, irritation, and watery eyes. Its bioactive compounds, including aucubin and flavonoids, help regulate moisture and promote a balanced inflammatory response in ocular tissues. By soothing occasional discomfort and protecting against environmental stress, it helps maintain sustained focus and overall visual health during times of increased eye strain.

Boldo do Chile

Boldo do Chile (*Peumus boldus*) is renowned for its potent antioxidants, such as boldine and limonene, which support liver health and detoxification processes, both essential for maintaining eye health. By protecting cells from oxidative stress and promoting tissue repair, it helps preserve the structural integrity and function of visual tissues. This natural support enhances the body's ability to maintain clear and resilient vision despite environmental and metabolic challenges.

L-Proline

L-Proline is a key amino acid that supports the structural integrity of connective tissues, including the cornea and lens. It also plays a crucial role in synthesizing antioxidants like glutathione, which protect eye cells from oxidative damage. By promoting tissue repair and maintaining the shape of ocular structures, L-Proline helps preserve clear vision and enhances the eye's resilience against fatigue and environmental stressors.

Warnings/Contraindications

This product contains a high potency of natural vitamin A, which, while generally safer than synthetic forms, can still lead to toxicity if taken in excessive amounts. It is important to monitor total vitamin A intake, especially when using multiple supplements or other medications that include vitamin A. I – Eyes is not recommended during pregnancy due to the risk of vitamin A overdose. Individuals with liver disorders, genetic mutations, or those taking medications affecting vitamin A metabolism should consult a healthcare professional before use.

****It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.****

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Non-GMO
- cGMP Facility

